

Program 5: Practice What You Preach

Open in Prayer

Opening Activity

Briefly share the results of the previous session's "Out of the Comfort Zone" assignment. Were you fearful to do the activity? What sort of negative thoughts (if any) came to your mind? Was one person more open and friendly than the others? Was it a relaxed conversation? Would you say the door is open for you to speak to this person again about spiritual things?

Food for Thought

The Bible says that we wrestle not against flesh and blood, but against spiritual forces (Ephesians 6:12). This is a direct reference to demons (evil spirits) that can bombard our minds with negative and sinful thoughts. More than likely, at about this point in the course, you will be having thoughts of just giving up. In addition, other things in your life will start to seem more important and demand more of your time, leaving you with little or no time to complete these assignments and/or this evangelism course. This is normal when it comes to reaching out to the lost. Again, one of Satan's most powerful weapons is fear, which often comes in the form of discouragement. Think of the word "dis-courage." Satan wants to rid you of your *courage*. So make sure you have a sensitive ear to these subtle thoughts; know their source. This is why you've got to continually remember your Gethsemane experience—where you laid down your will and said, "God, I want to do Your will in my life. And Your will is that none perish." Determine to continue in this course despite the discouragement, so that you are fully equipped to do His will.